



Parkinson's Half Marathon Inline Skate Race is on!

EL Dorado Park, Long Beach Ca. Oct. 4, 2009 Sunday 7 am

This race is open to skaters of all levels. We only have the road closed from 7am to 9 am

However, the full cost of this event must be paid by the race director to City of LB by March 31st. 2009 therefore skaters need to pre register by March 31st to fund this event or will it not happen.

****New for this year is, early bib # pick up from 9-11 AM at EL Dorado Park on Saturday Oct. 3**

****Not 8 laps but 9 laps! This will be 15.75 miles for a bit longer than a regular half marathon**

Park gate opens 5:30 am Park entry is \$7.00 please have exact cash ready for parking attendant.

Vehicle entrance to Area 3 is closed at 6:40 am. Any cars arriving after 6:40 am, park outside Area 3

and walk in. Helmets and wrist guards are mandatory, other safety equipment is up to you

****No Helmet=No race!** The race is a mostly flat course with several wide turns and a slight incline.

****Questions? Call 562-972 5861 Please do NOT call after 7 PM the night before the race!**

Email racebrake@aol.com or web site <http://www.racebrake.com> Sponsor booths available

Directions (405 or 605 fwy) Park entrance is 7550 E. Spring St. Long Beach 90815 (Once in the park follow the signs that say: Skaters) Follow winding road around the lake area, stay to right. There will be a barricade blocking the road entrance just before the underpass. Go past the barricade and left at the stop sign, park in the lot to the left.

There will be a few special items auctioned off, with net proceeds going to Parkinson's Research Foundation of NYC. Lets raise some money to help find a cure! With a special prize for the skater who brings an additional donation of \$100 or more for the Parkinson's Research Foundation of NYC (Tax slips will be given out at the race.)

Trophies or medals in 5-year age groups, with special trophies or medals for the top over all skaters.

*There might be cash for top skaters too, if possible! There will also be food and fun after the race!

Payment via check, cash or active.com for your credit card or bankcard

Race price: Feb. 20 to March 15 \$42.00 **Please hear the words pre-register!**

Mar. 16-Mar. 31: \$45, Apr. 1- Aug. 31: \$49, Sept.1-Oct. 1: \$55, Oct. 2-4: \$60

Parkinson's Half Marathon Inline Race Entry Form PLEASE PRINT LEGABLY really!

*** All information remains private** Wavier must be signed on day of race (actual age race day _____)

Checks to: Payable to A. Winthrop PO Box 769 Sunset Beach, CA. 90742 or active.com for credit cards & bank cards

Name _____

Address _____ City, State, Zip Code _____

Phone# () _____ Email address _____

Pro skaters enter Name, Team, age grp this line _____

Team Name _____

Please circle below: Your age group and check male ___ or female ___

5-9 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-plus

The small print, Release of Liability: read and sign below I am aware that participating in this "Parkinson's Half Marathon Race in EL Dorado Park" event can be a hazardous activity and accept the risks of injury or death. In consideration of my being allowed to participate in "Parkinson's Half Marathon Race in EL Dorado Park" event on behalf of myself and my heirs, executors, successors, dependants and assigns. I hear by assume all risks of such participation and do agree to release and hold harmless, Audrey Winthrop, Beach Bladers Skate Team members, racebrake.com, City of Long Beach, Parkinson Disease Foundation of NYC their officers, employees, volunteers, and agents for damages attributable to my participation in "Parkinson's Half Marathon Race in EL Dorado Park", basically if you fall, you're on your own, don't call us to complain. We are sorry if you are road rashed but we are not going to pay for it or anything else.

Signature (parent or legal guardian) _____ Date _____